

## **Community Resources for Psychological Treatment**

### **CRISIS NUMBERS**

Boston Emergency Services Team (BEST)	1-800-981-HELP (4357)
Cambridge Hospital ER	1-617-665-1560
Samaritan Suicide Hotline	1-877-870-HOPE (4673)
	1-617-247-0220
McLean Hospital	1-800-333-0338
	1-617-855-3141 (Intake)
MGH Acute Psychiatry Service	1-617-726-2994
Mt. Auburn Hospital ER	1-617-499-5025
National Hopeline Network	1-800-SUICIDE (1-800-784-2433)
National Suicide Prevention Lifeline	1-800-273-TALK (1-800-273-8255)

### **Community Resources**

Project INTERFACE 617-332-3666 x 411 or 888-244-6843 x 411  
<http://www.projectinterface.org>

Project INTERFACE is a mental health and wellness referral help line that is available Monday through Friday, 9 am-5 pm. They provide a free, confidential referral service for participating communities. Callers are matched from an extensive database of licensed mental health providers. Each referral meets the location, insurance, and specialty needs of the caller.

Depression Clinical and Research Program at MGH 877-552-5837

[http://www.massgeneral.org/psychiatry/services/dcrp\\_home.aspx](http://www.massgeneral.org/psychiatry/services/dcrp_home.aspx)

National Assoc. of Social Workers (therapy referral service) 617-720-2828 / 1-800-242-9794

<http://www.naswma.org/displaycommon.cfm?an=1&subarticlenbr=35>

List of low-cost or sliding scale clinics in Massachusetts: [http://www.needymeds.org/free\\_clinics.taf?\\_function=list&state=ma](http://www.needymeds.org/free_clinics.taf?_function=list&state=ma)

### **Therapy Clinics Nearby**

Common Psychology Associates  
<http://www.commpsy.com/cognitive-behavioral-therapy/>

617-259-1895

Boston Cognitive Behavioral Therapy Center  
<http://bostoncbtcenter.com/>

617-730-9500